

# Isolation Prior To Your Surgery

The Department of Health and Human Services (DHHS) have imposed guidelines for pre-operative COVID-19 testing for all elective surgical patients.

We currently require the test be performed no more than 5 days prior to admission to hospital for surgery. Following testing, patients are advised to self-isolate until their admission to hospital.

Monash House Private Hospital is working with its surgeons to facilitate a smooth process for COVID-19 tests, screening and the completion of required admission paperwork.

## HOW TO ISOLATE PRIOR TO YOUR SURGERY FOR PATIENTS & CARERS:

- It is important you **remain** at your place of residence/home.
- **DO NOT** leave except to seek medical help or in an emergency. **DO NOT** go to work, school or public areas and **DO NOT** use public transport/taxi/Uber.
- **DO NOT** allow other people into your place of residence if they do not live there.
- **Avoid sharing household items.** Please **DO NOT** share dishes, drinking glasses, cups, utensils, towels, bedding or other items with any people in your home. After using these items, you should wash them thoroughly with hot water and detergent.
- **Wash your hands** often and thoroughly with soap and water for at least 20 seconds. You can use alcohol-based hand sanitiser if soap and water is not available and your hands are not visibly dirty. Avoid touching your eyes, nose and mouth with unwashed hands.
- **STAY 1.5m** from others in your home.

- ✓ Members of the household **MUST** follow the restriction stage guidelines for their residential area.
- ✓ You **WILL** need to isolate until you come in for your surgery.
- ✓ If you become unwell, with a fever OR respiratory symptoms (cough, sore throat, shortness of breath), please visit your GP or Emergency Department, and notify Monash House Private Hospital.
- ✓ Validation of your test and negative result is required prior your admission to Monash House Private Hospital.

## WHERE TO GET TESTED:

The following is a list of collection centres nominated for COVID-19 testing. Please remember to wear a surgical mask when attending one of these sites and to **bring your referral form**. If these locations inconvenience you, please attend your local COVID-19 testing centre.

## DOREVITCH PATHOLOGY COVID-19 TESTING CENTRES:

### GLENROY

127 W heatsheaf Rd.  
M-F 08:30 - 16:00  
Sat 09:00 - 12:00  
Ph: 9306 1597  
Fax: 9304 1056

### FERNTREE GULLY

1 Mountain Gate Dr.  
M-F 08:30 - 16:00  
Sat 09:00 - 12:00  
Ph: 9753 6340  
Fax: 9753 6299

### ALTONA

99 Pier St.  
M-F 08:30 - 16:00  
Sat 09:00 - 12:00  
Ph: 9398 5642  
Fax: 9398 5465

### HEIDELBERG\*

Dorevitch Pathology  
Laboratory  
18 Banksia St.  
M-F 08:30 - 16:00  
Sat & Sun 08:30 - 12:00

\*drive-through, 1.8m height

### FRANKSTON

34 Willis St.  
M-F 09:00 - 16:00  
Sat 09:30 - 12:00  
Ph: 9781 4188  
Fax: 9781 4188

TESTING CENTRE LOCATIONS CONTINUE ON THE BACK OF THE PAGE.

**MELBOURNE PATHOLOGY COVID-19 TESTING CENTRES:**

**BALACLAVA**

287B Carlisle St.  
M-F 08:00 - 17:00  
Sat 07:30 - 12:30  
Sun 08:30 - 12:30

**BALLARAT**

63 Victoria St.  
M-F 08:30 - 17:00

**BEAUMARIS**

471 Balcombe Rd.  
M-F 08:00 - 17:00  
Sat 07:30 - 11:30

**BENDIGO**

L1, 1 Chum St.  
M-F 08:00 - 17:30  
Sat 09:00 - 12:00

**BENTLEIGH**

153 Jasper Rd.  
M-F 07:30 - 17:00  
Sat 07:30 - 12:00

**CRANBOURNE**

26 William St.  
M-F 08:00 - 17:00  
Sat 08:00 - 12:00

**DEEPDENE**

59 Whitehorse Rd.  
M-F 07:30 - 17:30  
Sat 08:00 - 12:00

**EAST MELB.**

128 Grey St.  
M-F 08:00 - 17:00  
Sat 08:00 - 12:00

**EPPING**

Suite 8/  
230 Cooper St.  
M-F 08:00 - 16:30  
Sat 08:00 - 11:30

**GEELONG  
(WAURN PONDS)**

Epworth Geelong, 1  
Epworth Pl.  
M-F 08:30 - 17:00

**LOWER  
TEMPLESTOWE**

Cnr High St. &  
Manningham Rd.  
M-F 08:00 - 19:00  
Sat 08:00 - 12:00

**MOE**

46 - 48 Albert St.  
M-F 08:00 - 17:00  
Sat 08:30 - 11:30

**MOONEE PONDS**

45A Hall St.  
M-F 07:30 - 17:00  
Sat 08:00 - 12:00

**MORNINGTON**

262 Main St.  
M-F 08:30 - 17:00  
Sat 08:30 - 12:00

**RINGWOOD**

38 Bond St.  
M-F 08:00 - 17:00  
Sat 08:00 - 12:30

**SUNBURY**

2 Sussex Crt.  
M-F 08:00 - 17:00  
Sat 08:30 - 11:30

**If you have any questions or concerns, please do not hesitate to contact  
Monash House Private Hospital on 03 8394 0700**



**MONASH HOUSE**  
Private Hospital

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