

Pulsed Radiofrequency Neurotomy

This handout provides information about what you might expect to happen following pulsed radiofrequency neurotomy. It is provided as a general guide and does not replace specific medical advice, which should be sought if you have concerns.

If you received a light sedation for your procedure today, you should not drive, sign documents or make important decisions for the next 24 hours.

Post Procedure Information

- You may experience a temporary flare up or increase in your pain for a short time following the procedure. Cold packs or heat packs and analgesia may assist with this.
- You may resume normal activities as tolerated the next day (e.g. swimming, gym and physio). Remember to keep mobile, gently stretching; even if it hurts. You are not going to “undo” the procedure or harm yourself.
- You can remove the dressing after 24 hours. You may shower with this dressing on, but you cannot have a bath in the first 72 hours.

FOR ANY CLARIFICATION OR CONCERNS RELATED TO THE PROCEDURE:

Please phone: 03 9595 6111 (during clinic hours) | E-mail: info@metropain.com.au
After Hours Emergency Phone: 1300 070 345

If the pain seems extreme or there are any signs of general illness including a fever, nausea or other specific concerns, contact the Clinic, visit your GP or proceed to your nearest Emergency Department.