

# Patient Information for Sedated Procedures

## Your short hospital stay

You have been scheduled for a short admission to hospital for your procedure. This document provides important information to help you prepare for your admission.

## Before your procedure

Your admission confirmation letter outlines any special instructions you need to follow. These instructions have been determined by our clinical nurses following discussions with you.

Please complete the admission forms online or fill out the admission forms provided by the clinic and return them to the hospital as soon as possible.

## Fasting

You will be required to fast for a specific time before your procedure. This means **NOTHING** to eat, drink or chew for that time.

Medications may still be taken according to your doctors instructions. They can be taken with a small sip of water.

Please refrain from smoking on the day.

Please note that your procedure may be postponed or cancelled if you do not follow these instructions.

## The day of your procedure

Please arrive promptly at your admission time.

**DO NOT** bring any valuables to the hospital.

**DO NOT** wear jewellery, make up or nail polish.

Please shower on the morning of your procedure and wear clean, comfortable clothing that is easy to remove.



An anaesthetist will administer a light sedation and you will be not be permitted to drive for 24 hours following this. You will need to provide hospital staff with the contact details of the adult person responsible for driving you home. Please ensure you have support at home for the first 24 hours.

## Admission

Pre-admission staff will confirm that your details are correct and prepare you for the procedure.

Every attempt will be made to minimise your waiting time, but there may some delays due to unforeseen circumstances.

We suggest that you bring along some reading materials.

Depending on your procedure, you may stay at the hospital for anywhere between 2 to 5 hours.

## After your procedure

You will be taken to a recovery area where the hospital nurses will monitor your progress and check your procedure site.

If this is a diagnostic procedure you will be provided with a Pain Chart (Operation Report). Recovery nurses will assist you with this form.

Once completed and returned to Metro Pain Group, we will contact you to discuss further treatment options.

If you experience a medical emergency, please dial triple zero for an ambulance, or proceed to your nearest emergency department.

## Rescheduling and enquiries

Should you have any enquiries or require rescheduling of your procedure, please notify the Clinical Support Team on 9595 6111 .

## Payment

A quote for your out of pocket expenses will be provided to you prior to admission.

**Private or Uninsured Patients:** You will be required to pay the hospital admission fee in full on the day of your procedure.

Your anaesthetist may invoice you separately.

The hospital can provide you with a quote for any other expenses associated with your admission.

WorkCover, TAC or DVA will be billed directly where applicable.